



Table 1. Population characteristics baseline

Variable	n (%)
Age - median (IQR)	60 (54-64) years
RA Evolution Time - median (IQR)	10 (6-16) years
RA Treatment time - median (IQR)	5 (3-8) years
Civil status	
Single	32 (11.7)
Married	175 (64.1)
Divorced	52 (19)
Widowed	14 (5,1)
Scholarship	
Illiterate	27 (9.9)
Primary	149 (54.6)
High School	72 (26.3)
University	25 (9.1)
Activity	
None	32 (12.0)
Self Care	3 (1.1)
Household activities	30 (10.7)
Recreation and sports	65 (23.8)
Crafts	24 (8.8)
Intellectual	45 (16.5)
Mixed	74 (27.1)
Toxicological background	
Smoking	41 (15)
Consumption of alcohol	18 (6.6)

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